

Balinese Massage

The massage session begins with a footbath and followed with foot massage, from the calves to the back of the thighs, followed by the back. Then, the massage continues to the front of the legs, right and left hands, and abdomen. After that, the upper body area is massaged, starting from the shoulders and neck, then the face, and finally the head. At the end of the session, a closing drink will be served to conclude the relaxation process.

Aromatherapy Massage

Aromatherapy massage combines the therapeutic benefits of massage with the healing properties of essential oils. The massage session begins with a footbath and followed with foot massage, from the calves to the back of the thighs, followed by the back. Then, the massage continues to the front of the legs, right and left hands, and abdomen. After that, the upper body area is massaged, starting from the shoulders and neck, then the face, and finally the head. At the end of the session, a closing drink will be served to conclude the relaxation process.



Deep Tissue

This deep tissue massage focuses on stretching the back area. The massage session begins with a footbath and followed with leg stretches (right then left), followed by alternating backward arm stretches to lengthen the back. Next, a massage is performed on the back and legs. The session concludes with front leg stretches (right then left), and a massage of the shoulders, upper arms, and head. At the end of the session, a closing drink will be served to conclude the relaxation process.

Lomi Lomi Masagge

This massage uses kneading movements with elbow pressure. The massage session begins with a footbath and followed, from the calves to the back of the thighs, followed by the back. Then, the massage continues to the front of the legs, right and left hands, and abdomen. After that, the upper body area is massaged, starting from the shoulders and neck. then the face, and finally the head. At the end of the session, a closing drink will be served to conclude the relaxation process.



Hot Stone Massage

The massage session begins with a footbath and followed with back massage by warm hand and strategic placement of heated stones along spine. This sequence is then repeated for profound relaxation. The treatment continues to your legs, applying the same warming stone techniques. For the front of your body, a heated stone is gently placed on your navel and chest. And continue with a calming shoulder massage with warm hands and stones, followed by a serene hand massage for both arms and you will hold the warm stones for relaxation.

Back & Neck Shoulder

Back and neck shoulder massage begins with a massage in the neck area, followed by the shoulders, and then the back. This massage focuses on the upper body area. At the end of the session, a closing drink will be served to conclude the relaxation process.



Foot Reflexology

Foot reflexology begins with a footbath, which is the cleansing of the foot area with coarse salt and warm water. This massage process starts with a massage on the right foot, followed by the left foot, focusing on pressing specific points in the sole area. At the end of the session, a closing drink will be served to conclude the relaxation process.

Body Scrub

The massage session begins with a footbath and followed with scrubbing on the leg, from the calves to the back of the thighs, then to the back. After that, mask is applied to the back body area. Next, scrubbing continues on the front of legs up to the upper thighs, then the hands, followed by the application of a body mask to the front body area and head massage. After all processes are complete, it will be followed by a shower and a closing drink will be served to conclude the relaxation process.



Mesanekan Package

This restorative experience begins with a targeted back, neck, and shoulder massage to release tension accumulated during journeys. Following this, a soothing head massage melts away stress and promotes mental clarity. Finally, immerse your tired feet in a comforting foot bath, followed by a rejuvenating foot massage that will leave you feeling grounded and refreshed.

Ratih Kamajaya Package

This indulgent experience begins with a relaxing footbathing, followed by soothing shared massage to melt away tension, followed by a revitalizing body scrub that leaves your skin radiant. Unwind further in a luxurious milk bath, infused with nourishing elements, before surrendering to the enchanting beauty and aromatic serenity of a fragrant flower bath, creating an unforgettable sanctuary for connection and rejuvenation.

Balinese Rejuve

This treatment begins with a footbath and followed a deeply relaxing Balinese Massage and The journey culminates with a luxurious flower bath to completely rejuvenated.





menu



Body Massage

BALINESE MASSAGE

IDR 475 K - 60 mins • IDR 675 K - 80 mins

Experience an authentic Balinese massage, featuring deep finger and palm pressure, and long, invigorating strokes. With your choice of essential oils, this massage releases muscle tension and revitalizes your spirit.

**Additional 15 minutes massage will be charge IDR 100.000 per treatment*

AROMA THERAPY MASSAGE

IDR 425 K - 60 mins • IDR 785 K - 80 mins

Utilizing the power of fragrance, aromatherapy involves massaging with essential oils, which stimulate the brain and nervous system through the olfactory system, providing therapeutic benefits.

**Additional 15 minutes massage will be charge IDR 100.000 per treatment*

DEEP TISSUE MASSAGE

IDR 445 K - 60 mins • IDR 625 K - 80 mins

Deep tissue massage goes beyond the surface to significantly enhance blood flow throughout your body, which is crucial for accelerating the natural healing processes of injuries.

**Additional 15 minutes massage will be charge IDR 100.000 per treatment*

LOMI - LOMI

IDR 475 K - 60 mins • IDR 665 K - 80 mins

Lomi Lomi massage is a traditional Hawaiian healing massage characterized by long, flowing strokes, the use of elbows and forearms, and circular, kneading movements. This technique can effectively relieve muscle tension, reduce stress, and enhance overall comfort.

**Additional 15 minutes massage will be charge IDR 100.000 per treatment*

HOT STONE MASSAGE

Serve 1 Pax: **IDR 678K - 60 mins** • Serve 2 Pax: **IDR 1.250 K - 80 mins**

Hot stone massage is a deeply relaxing therapy that uses smooth, heated stones, and used to massage the body. The warmth from the stones helps to melt away muscle tension, improve circulation and relieve pain.

**Additional 15 minutes massage will be charge IDR 100.000 per treatment*



BACK & NECK SHOULDER

IDR 375 K - 30 mins

Specifically designed for those with computer-intensive office work, this treatment alleviates muscle tension in the neck, shoulders, and back, facilitating improved circulation along the neck and spinal column.

**Additional 15 minutes massage will be charge IDR 100.000 per treatment*

FOOT REFLEXOLOGY

IDR 355 K - 60 mins

This ancient therapeutic practice, reflexology, utilizes manual pressure applied to precise reflex points on the feet. These points correspond to organs and glands, and stimulation triggers a response, promoting self-healing. Skilled practitioners can identify imbalances, enabling energy restoration and facilitating the body's natural healing process.

**Additional 15 minutes massage will be charge IDR 100.000 per treatment*

Spa Package

MESANEKAN PACKAGE

IDR 385 K - 60 mins • Serve 1 person

Unwind with a focused back, neck, and shoulder massage to release tension, followed by a soothing head massage. Complete your rejuvenation with a revitalizing foot bath and massage to leave you feeling refreshed.

RATIH KAMAJAYA PACKAGE

IDR 1.625 K - 150 mins • Serve 2 person

Indulge in a blissful couples' spa experience featuring a soothing Balinese massage, invigorating spice scrub, nourishing milk bath, and fragrant flower bath. Immerse yourselves in the aromatic scents of Bali for a truly relaxing and romantic escape.

BALINESE REJUVE PACKAGE

IDR 675 K - 80 mins • Serve 1 person

Balinese Rejuve spa package focus on pure relaxation and rejuvenation with traditional Balinese Massage to melt away tension and experience culminates in a flower bath to ensuring you feeling completely revitalized and relaxed.



Body Scrub

BALINESE SCRUB WITH BOREH/COFFEE/CHOCOLATE

IDR 375 K - 60 mins

By utilizing a combination of rice and traditional Balinese herbs and spices, this treatment stimulates the skin's renewal process, effectively removing dead skin cells and enhancing moisture and radiance.



KAHAYANA
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